



galvintherapycenter.com 216-514-1600



Books We Love

Self-Reg

by Stuart Shanker

We love this book because it provides an understanding on how to gain a peace of mind when parenting un-regulated children.

More backyard Olympic ideas:

<https://thrifsmart.com/top-20-outdoor-olympic-games-for-kids-all-ages/>

What's Happening Next Month

- August 1st- Friendship Day
- August 4th- Chocolate Chip Cookie Day
- August 11th- Dog Days of Summer Ends

Check out our socials to see how we celebrate



TIP OF THE MONTH: BACKYARD OLYMPICS FOR KIDS

- Painted Tin Can Bowling: No need to buy a set. Upcycle your canned goods for a family bonding craft activity in preparation for the games. You can use any ball. Best out of three or first one to a strike wins!
- Pillow Case Potato Sack Race: Reuse old pillowcases and have the kids decorate them for a personalized spin on this age-old tradition! Before the race, set a time limit for the decorating, and give extra points for the most creative potato sack design! It's a fun party-favor for friends to take home, too!
- Paint Slip n' Slide: Grab plain white T-shirts and a tarp, splatter some paint, and let them go crazy!
- Crepe Paper Fashion Contest: Break up in partners and compete for the most creative costumes out of streamers.

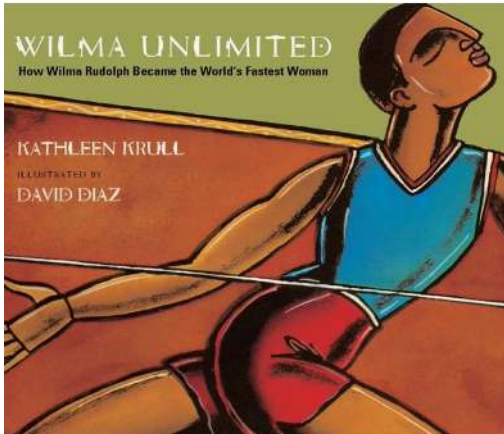
A MESSAGE FROM YOUR GALVIN STAFF:

Bring the Olympics Home by: Jamie Smith M.A., CCC-SLP

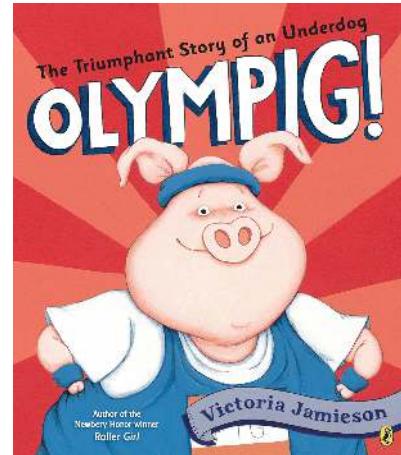
The 2020 summer Olympics are FINALLY here! They are a great event to bring the family together with something special for each family member to enjoy! From a speech and language perspective, there are so many wonderful activities you can do with an Olympics theme. For younger kiddos, the Olympics present an awesome opportunity to work on verbs. You can either act out the verbs/imitate the events yourself, or you can work on labeling the various actions occurring within the different events. You can even "host" a family mini-Olympics in the backyard, acting out the different events to see who will come in first place! The various events and sports included in the Olympics make for an excellent compare-and-contrast activity for older kiddos as well. You can pick 3 or 4 different events and talk about the similarities and differences between them. This activity can blossom into a family conversation, with each member sharing their likes and dislikes of the various events, which event is their personal favorite, and why. Everyone can even share which event they think they would win a gold medal in! And don't forget about all the fun, new vocabulary we can incorporate in our daily conversation to learn the meaning of, as well as to target specific speech sounds (e.g. shot put, javelin, repechage, equestrian, etc.). Most importantly, the summer Olympics provide an excellent opportunity for meaningful family time spent together cheering on the USA! I know I will be cheering hard for our USA competitors, especially the U.S. Women's Soccer Team!

Olympic Story Time

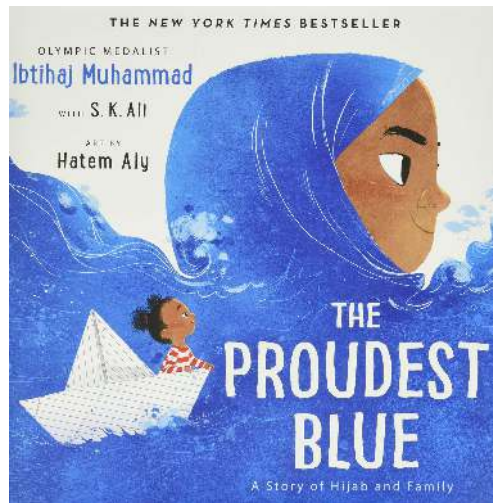
Wilma Unlimited by Kathleen Krull



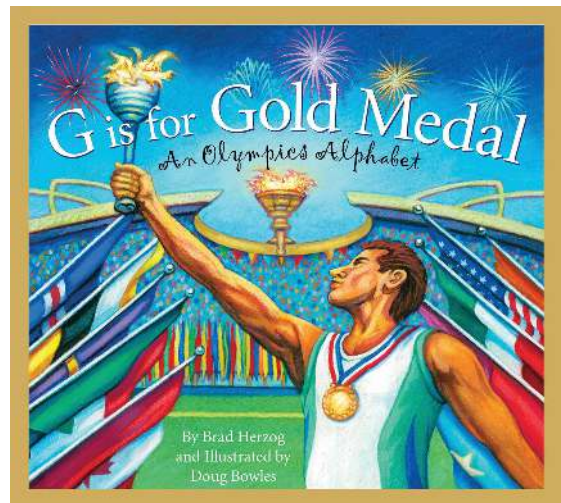
Olympig! by Victoria Jamieson



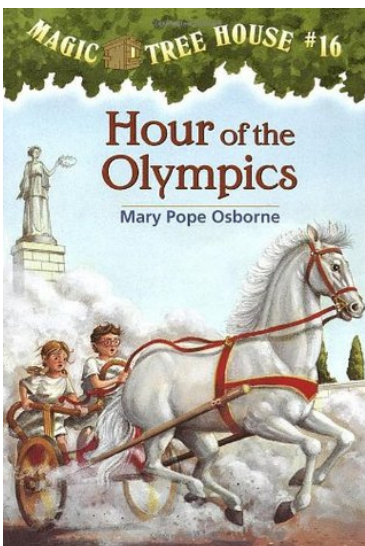
The Proudest Blue by Ibtihaj Muhammad



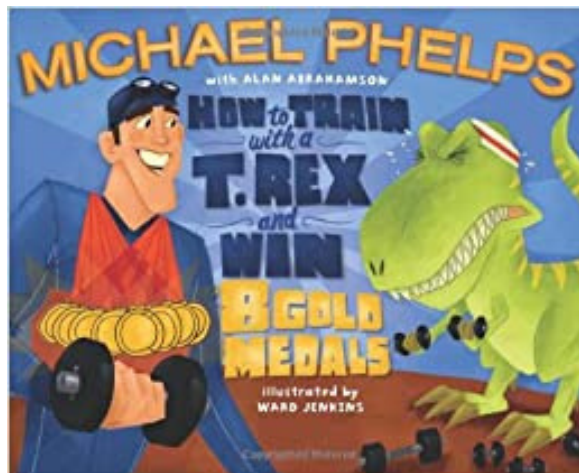
G is for Gold Medal: An Olympic Alphabet by Brad Herzog



Hour of the Olympics by Mary Pope Osborne



How to Train with a T.Rex & Win 8 Gold Medals by Michael Phelps



What Are the Summer Olympics? by Gail Herman

